

2012 CMSA LI Elections

Vice President

Andrea Cowles _____ Yes No

Write in Candidate: _____

Secretary

Kathryn Schumacher _____ Yes No

Write in Candidate: _____

Treasurer

Cathy Pistone _____ Yes No

Write in Candidate: _____

Directors (3 year term)

Alma Aspiras _____ Yes

No

Write in Candidate: _____

Name (please print) _____

Signature _____

I am a CMSA member in good standing Yes No

Please return by January 30, 2012 (must be received by January 31st) or bring it to the CMSA LI February 1, 2012 meeting), or email it to mchucmm@yahoo.com (write in subject line= CMSALI Election Ballot).

***Send or email to: Nominations Committee, CMSA LI
30 Sumter Avenue
East Williston, NY 11596***

***mchucmm@yahoo.com
(subject line = CMSALI election ballot)***

Biographies

Vice President

Andrea Cowles, RN, BSN, MA

Andrea is a registered nurse with over 25 years of nursing and management experience. She has served as a Director on the CMSA LI BOD in 2011. Andrea holds a Bachelor of Science in Nursing from the State University of New York at Plattsburgh and a Masters of Art in Health Administration from Hofstra University.

Andrea began her career as a public health nurse before joining Visiting Nurse Service & Hospice of Suffolk in 1990, where she is currently the Director of Intake & Service Development. Prior to joining VNSHS, Ms. Cowles was a Clinical Care Manager for Family Care Certified Services of Nassau and a Community Health Nurse at North Shore Long Island Jewish Health System.

Andrea is a member of the Case Management Society of America*, the Senior Umbrella Network of Suffolk County, Huntington Town Women's Advisory Council and the Lutheran Long Term Home Care Professional Advisory Committee.

Secretary

Kathryn A. Schumacher, RN, BSN, CCM, LNC

Kathie is a graduate of Hunter-Bellevue School of Nursing and has been involved in Case Management for the past eight years. She has served as Secretary on the CMSA LI BOD since 2010. In her current position at Queens Long Island Medical Group, she provides care coordination and Disease Management Education to individuals in a Patient Centered Medical Home Model of Practice. During her almost forty years in nursing, Kathie has experience working in managed care, acute care, home care, and nursing education in various clinical and administrative positions.

Treasurer

Cathy Pistone, RN, BSN

Cathy Pistone is a graduate of Molloy College and is the Director of Community Relations at VNA of LI. She has served as Treasurer on the CMSA LI BOD in 2011. Her experience includes working in MCH/NICU and in Community Health/ Home Care for the past 25 years. She works very closely with Case Managers to develop a safe discharge plan for patients who require assistance post discharge. Cathy states that her recent experience in fundraising has prepared her to take on the Treasurer position.

Director

Alma Aspiras, RN-BC, MSN

Alma Aspiras has been a nurse since 1990, graduating from University of Santo Tomas, Philippines with her BSN and Loyola University for her Masters of Science in Nursing, majoring in HealthCare Systems Management. Her clinical experience includes Medical Surgical, Telemetry, and Rehab, Nursing Homes, travel nursing and RN fee for service for North Shore Home Care. Alma has been a Case Manager at North Shore Hospital Manhasset since 2007, and has worked as Home Care Coordinator at Cold Spring Hills Long Term Lombardi Program. She also worked as adjunct faculty at Farmingdale University School of Nursing.

She is an active member of CMSA LI for 3 years and has worked as a member of Website Committee and Membership Committee. She is ANCC certified Case manager. She believes CMSA LI fosters professional growth and development through a friendly environment and would like to continue supporting their objectives through serving as a Board Director.